

# Tamicka Monson

Therapist | Speaker | Author



## Engagement Types:

- Communities/  
Non-Profits
- Community Leaders
- Organizations/Schools

## Topics:

- Identity and Imposter Syndrome
- Mental/Emotional Health
- Social Justice

## ABOUT THE SPEAKER

As a dedicated speaker for over fifteen years, Tamicka uses her skills to reach out to hurting individuals within communities. Her topics include mental and emotional healing and living as a whole person after experiencing trauma. She also speaks to community leaders about social justice (such as gun violence, mass incarceration, and poverty) affecting minority communities. Furthermore, having worked in childcare, youth development, education, and mental health for more than fifteen years, she challenges educators to consider the unique struggles of those within minority and poverty-stricken communities and how these struggles affect them.

[tamicka@tamickamonsoncounseling.com](mailto:tamicka@tamickamonsoncounseling.com)

913-346-6252

[www.tamickamonsoncounseling.com](http://www.tamickamonsoncounseling.com)