Tamicka Monson

Licensed Professional Counselor | Speaker | Author

(Picture of Tamicka Monson)

Engagement Types:

• Communities/Non-Profits

• Community Leaders

• Organizations/Schools

Topics:

• Identity and Imposter Syndrome

• Mental/Emotional Health

• Social Justice

ABOUT ME

As a dedicated speaker of 15+ years, I use my skills to reach out to hurting individuals within communities, discussing topics such as mental/emotional healing, including living as a whole person after experiencing trauma. I also speak to community leaders on topics surrounding social justice (such as gun violence, mass incarceration, and poverty) affecting the minority communities. Furthermore, having worked in the field of childcare, youth development, education, and mental health for more than 15 years, I challenge educators to consider the unique struggles of those within minority and poverty-stricken communities, and how these struggles affect them.

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